



Waikiki Community Center

310 Paoakalani Avenue, Honolulu, HI 96815. (808) 923-1802

Proudly Serving the Waikiki Community since 1978

Caring for keiki, kupuna and community as ohana

#strongertogether

www.waikikicomunitycenter.org

JANUARY 2020

A message from our President....

COURAGE: The root of the word “courage” comes from the Latin word for heart “cor” and in one of its earliest forms, courage meant “to speak one’s mind by telling all one’s heart”. Author David Whyte writes that courage “...is the measure of our heartfelt participation with life, with another, with a community...”

So the early definition was more about our intentions and inner life rather than the one we think of today. However, even the current definition is “mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty.” So we don’t have to jump from burning buildings to be courageous.

As we approach the New Year, let’s think of ways we can be courageous in our own lives. One of our home-grown heroes, astronaut **Ellison Onizuka**, gave a commencement address at his alma mater Konawaena High School in 1980. It is an inspiring call to live boldly, courageously contributing to the world. I hope it inspires you.

“If I can impress upon you only one idea . . . Let it be that the people who make this world run, whose lives can be termed successful, whose names will go down in the history books, are not the cynics, the critics, or the armchair quarterbacks.

They are the adventurers, the explorers, and doers of this world. When they see a wrong or problem, they do something about it. When they see a vacant place in our knowledge, they work to fill that void.

Rather than leaning back and criticizing how things are, they work to make things the way they should be. They are the aggressive, the self-starters, the innovative, and the imaginative of this world.

Every generation has the obligation to free men’s minds for a look at new worlds . . . to look out from a higher plateau than the last generation.

Your vision is not limited by what your eye can see, but by what your mind can imagine. Many things that you take for granted were considered unrealistic dreams by previous generations. If you accept these past accomplishments as commonplace then think of the new horizons that you can explore.

From your vantage point, your education and imagination will carry you to places which we won’t believe possible.

Make your life count – and the world will be a better place because you tried.”

Happy New Year! Hau`oli makahiki hou!

Caroline Hayashi

FOLLOW US ON SOCIAL MEDIA





Shriners Hospitals for Children® *Honolulu*



Tour this state-of-the-art hospital which provides Hawaii's keiki with the best medical expertise on care and therapy. Experience this colorful & modern facility designed with the Spirit of Aloha and catering to the comfort of its patients and families.

Thursday, January 9

8:30am – 12noon (Check-in @ 8:15am)

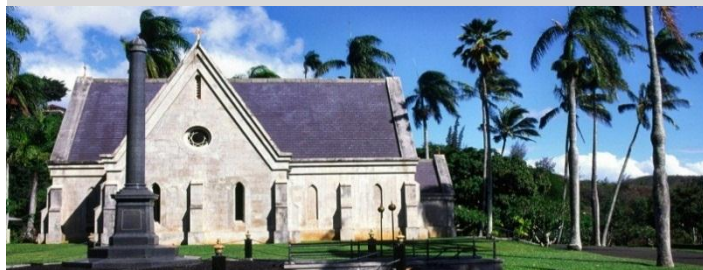
\$30* / \$35* (*Non-refundable)

No-host lunch @ FEAST by Chef Jon Mastubara, Manoa

Please Register @ WCC Office or call 923-1802 by Jan 04

Participants must be able to enter/exit a vehicle independently or with the aid of a dedicated companion and stay with the group.

THE CHAPEL AT MAUNA `ALA *The Royal Mausoleum*



Join Kahu Kai Mai`oho as he takes you on a historical tour of the grounds of Mauna `Ala (Fragrant Hills). Better known as the Royal Mausoleum of Hawaii, its grounds hold the final resting place of Hawaii's two prominent royal families: the Kamehameha Dynasty & the Kalakaua Dynasty

Tuesday, January 28

8:00am – 12:30pm (Check-in @ 7:45am)

\$30* / \$40* (*Non-refundable)

No-host lunch @ Pier 58

Please Register @ WCC Office or call 923-1802 by Jan 14

Please wear tennis shoes or easy slip on-off shoes
Participants must be able to enter/exit a vehicle independently or with the aid of a dedicated companion and stay with the group.

A SCAVENGER HUNT IN....



Join in this Scavenger Hunt around the different places in Honolulu Chinatown where participants collect different items from a list! The team with the most correct answers will qualify for a prize! Learn more about Chinese New Year and immerse in its culture while having a day of fun!



Thursday, February 6

9:00am – 12noon (Meet @ 9am)*

***(Meet at River & Beretania St. near the Chinese Culural Plaza)**

TheBUS #42, #19 or #20 from Waikiki

\$30* / \$40* (*Non-refundable)

No-host lunch @ Legend Seafood Restaurant, Chinatown

Please Register @ WCC Office or call 923-1802 by Jan 27

Participants must be able to reach the event venue alone or with the assistance of a dedicated companion and stay with the group.

KE ALAULA O KA MALAMALAMA *(The Bright Morning Rays of the Church of Reasonable Service)*



Visit one of the oldest Churches in Hawaii where they conduct their biblical readings and sing hymns in native Hawaiian.

Headed by The Rev. Regina B. Becca, this is the first independent Hawaiian Christian denomination in the state. Take a tour with the church's vice-president, Joe Recca and gain a deeper insight about this church and its rich history.

Tuesday, February 25

8:30am – 12:30pm (Check-in @ 7:45am)

\$35* / \$45* (*Non-refundable)

No-host lunch @ Wahoo's Fish Tacos, Kakaako

Please Register @ WCC Office or call 923-1802 by Feb 18

Participants must be able to enter/exit a vehicle independently or with the aid of a dedicated companion and stay with the group.

WAIKIKI COMMUNITY CENTER

is a non-profit organization dedicated to caring for kupuna, keiki & community as 'ohana. As a registered 501(c)3, we rely on the generosity of our community to fund approximately half of our annual budget. All donations help us strengthen programs & services that may not be supported through revenues (membership, class fees, tuition, rental fees, etc.) and are tax-deductible to the extent allowed by law. Your Donation of any amount is greatly appreciated.



Mail: please make check payable to

Waikiki Community Center
310 Paoakalani Avenue
Honolulu, HI 96815

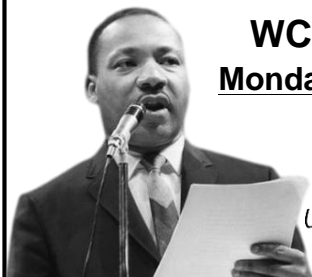
Online: www.waikikicomunitycenter.org - "Donate Now"

Thank you for your support & Mahalo for your kokua!



WCC will be CLOSED –

Monday, January 20 In observance of



Martin Luther King Jr.
Day

LIVE LONGER....

More joy, more active & engaged.

"Are you lonely?"

LIVE LONGER is a series of conversations and information about health, nutrition, social activities, exercise, cognitive functioning and more, to help maturing adults thrive and maintain a sense of control about their lives.



Tuesday, January 21, 12:30pm – 1:30pm
Room 203A (FREE)

HAWAIIAN MYTHOLOGY & MAUNAKEA

An exploration of Mele (songs), Oli (chants) and Mo'olelo (stories) about the two Hawaiian deities most closely associated with Maunakea, Wakea & Poli'ahu.

Presented by: **Keahiahi**, Hawaiian Mythologist



Tuesday, January 14, 2:00pm – 3:00pm
Auditorium (FREE)

THE U.S. PRESIDENTIAL ELECTION

Who would you choose as the right candidate?

"This may be the most important Presidential Election yet..."



~ Hawaii **DOES NOT** have a Presidential primary for write-in voting~
~It is imperative that ALL residents understand the process of voting~
~It is Hawaii's opportunity to impact this critical election~
~All you need to know about voting in this MOST important Election~

Tuesday, January 14, 3:00pm – 4:00pm
Auditorium (FREE)

ship
NATIONAL
NETWORK

State health
Insurance assistance programs

**"A LOOK INTO MEDICARE & LOW INCOME
SUBSIDY PROGRAMS/ MEDICAID"**

- Discussion on Medicaid, Extra Help & MSP
- Low income and Asset Thresholds
- Office location & contact numbers
- Qualifications & benefits
- Applications

Tuesday, January 21, 2:00pm – 3:00pm
Auditorium (FREE)

WELCOME "BOTH" NEW YEARS With THE SILVER FOXES!

(A returned engagement & by special demand!)



Enjoy an afternoon of entertainment by this group of talented musical performers as they get you into the swing of things. Bringing you familiar songs from "back-in-the-days", sing along, laugh and meet old and new friends!

*PS: We'll have refreshments and light snacks.
(Potluck Snacks & Desserts optional)*

Friday, January 31, 2:00pm – 4:00pm
Auditorium (FREE)




PHILIPPINE CONSULATE GENERAL In HONOLULU




Guest speaker **Grace Anne G. Bulos** has for many years participated in the Philippine Foreign Service. She will share first-hand experiences as a Diplomat with the Philippine Consulate General in Honolulu and the importance of Philippine-Hawaii relations.
"It's more fun in the Philippines!"


Tuesday, February 4, 2:00pm – 3:00pm
Auditorium (FREE)



STUDENTS FROM UH MANOA'S



CHINESE
LANGUAGE
FLAGSHIP
PROGRAM




THE LANGUAGE FLAGSHIP
Creating Global Professionals

Presents:

"SUN WUKONG - THE MONKEY KING"

From the pages of the epic Chinese novel 'Journey To The West', this play will take you on a journey from Sun Wukong's birth and early life as he strives to find a weapon worthy of his incredible martial skills.



Tuesday, February 11, 2:00pm – 3:00pm
Auditorium (FREE)

KA AHUPUA`A: WAIKIKI – MANOA A Historical Case Study



The Hawaiian Ahupua`a land unit was a genius concept of having a central piece of traditional land system that nurtured a thriving native population. This case study of the Waikiki-Manoa area will illustrate the ahupua`a concept and the changes leading up to the present time

Tuesday, February 18, 2:00pm – 3:00pm
Auditorium (FREE)



With Joanne Ogata

"Spoken English" Classes are ideal if you need extra support with English Conversation Skills

6 – WEEKS SESSION (NO drop-in)

Every Tuesday, Room 203A

January 7, 14, 21, 28 & February 4, 11

INTERMEDIATE: 10:00am – 10:45am

BEGINNER: 11:00am – 11:45am

\$18* (member) / \$30* (non-member)

**Non-refundable and payable at WCC Office*




With Donna Prather

English as a Second Language (ESL) will discuss common topics such as food, celebrities, travel, etc. Developing listening, speaking & reading skills.

NEW SESSION (6 weeks)

**January 10, 17, 24, 31 and
February 07 & 14**

Every Friday @ 10:00am – 11:15am (RM 201E)

\$65* (members) / \$80* (non-members) - Full 6 weeks

\$20* (members) / \$30* (non-members) – per class

**Non-refundable and payable at WCC Office*

WANT TO GO BACK TO WORK?*

BACK-TO-WORK FORCE

**For those 50 years of age & above*

Do you want to re-enter the workforce or change careers?
Do you want extra income or something meaningful to do?

WE CAN HELP! (FREE – NO FEE)

Contact Jill Okimura: (808) 923-1802 ext. 108

Email: jokimura@waikikicommunitycenter.org



REASONS TO WORK

Extra income
Remain mentally & physically active
Be productive & useful
Be around people
Employment placement

OUR SERVICES

Skills assessment
Resume development
Job Interview preparation
Skill building
Employment placement

WHO WE CAN HELP? Are you...

At least 50 years of age?
Interested in trying a new career or line of work?
Looking for a part-time or full-time retirement job?

WAIKIKI COMMUNITY CENTER

EMERGENCY
Food Pantry

Every Tuesday, 1:00pm – 3:00pm

(Outside the Auditorium on Ohua Ave. side of the building)

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



We are seeking donations of clean/ recyclable bags for our WCC Food Bank. You can drop the bags off at the Admin office during office hours.

Mahalo!



WCC CLASS UPDATES – January 2020

HULA ALOHA with ALI`I MANU

Saturday, January 04 – NO CLASS

Resumes again on Saturday, January 11

INTRODUCTION TO TAI CHI, TAI CHI – ULTIMATE BEGINNERS & COMPLETE TAI CHI

Saturday, January 04, – NO CLASS

Resumes again on Saturday, January 11

GENLE YOGA (Wednesdays)

ON HIATUS until Further Notice

SCRABBLE (Wednesdays)

ON HIATUS until Further Notice



WCC SENIOR ASSISTANCE PROGRAM

Offering information and referrals on*:

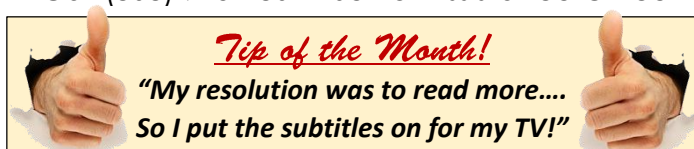
Nutrition, Fall Prevention, Functional Mobility,
Social Engagement, Housing, Caregiver
Support, and other referrals as needed.



***(This FREE service is offered especially for
Senior Adults aged 60 years & older)**

**Monday thru Friday – 8:30am to 2:30pm
BY APPOINTMENT ONLY (NO WALK-INS, PLEASE)**

Call (808) 923-1802 - Senior Assistance Office



Tip of the Month!

**"My resolution was to read more....
So I put the subtitles on for my TV!"**

Come join us on the lanai on Tuesdays from 10:00am to 2:00pm for **"Weekly Members' Social"**! This weekly gathering is **FREE for WCC Members!**

Come....bring a book to read, engage in crochet & knitting, play board and card games, and socialize with other WCC members. Bring your healthy snack, lunch and beverage and enjoy some fun and aloha!
Hope to see you there!



BOARD OF DIRECTORS:

SUSAN TODANI
Chair

BARBARA CAMPBELL
Vice Chair

ANN KUTAKA
Secretary

KEN PAI
Treasurer

DAVID ASAKURA

COREY CAMPBELL

DYLAN CHING

RYAN CHUN

MICHAEL CZARCINSKI

RICK EGGED

BREANA GROSZ

BOB HAMPTON

STEPHEN KAAA

JENNIFER LIM

SIMEON MIRANDA

ERIC SONNENBERG

NANCY WALLACE

WCC ADMIN, FACILITIES & SENIOR ASSISTANCE STAFF:

CAROLINE HAYASHI
President

CRYSTAL ANTONIO

JEFF APAKA

MICHELE BAPTIST

DAYSHA BUSH

ANTONIO DOMINGO

JOVELITA DOMINGO

DONNA ANN GOODWIN

JOHN KAHUE

TRISH LOWRY

MERLE O'NEILL

JILL OKIMURA

DONNA SALLAS

LORI SHIMABUKU

RICHARD SPARKS

JERROLD WONG

VOLUNTEER

Help take down the Christmas tree decorations

Wednesday, January 8
1pm – 2pm, Auditorium

If you have an ornament you'd like to have returned, please come to claim it. Thank you!



Mahalo!

....For taking the time to complete the WCC Surveys. We value and appreciate your feedback in our continuous efforts to meet the needs of our members and the Waikiki Community.

New!

New Members' Orientation & 'January' Birthday recognition

Welcome
New Members



Happy Birthday

Last Tuesday – January 28
(WCC Members' Social Tuesday)
1:00pm – 2:00pm (Lanai)
Contact Merle or Trish – (808) 923-1802

WCC EARLY EDUCATION CENTER – PRESCHOOL

OFFERING LICENSED, CARING STAFF & INNOVATIVE, SERVICE LEARNING



Currently accepting enrollment for:
Ages 14 months to 5 years old

Need-based scholarships available

For more information or to schedule a tour of the school, contact **Pamela Seelig** at:
(808) 922-2098 or
pseelig@waikikicommunitycenter.org

WCC PRESCHOOL STAFF:

PAMELA SEELIG

Director

LISET ANDRADE

CYRAROSE CACHO

RACHELLE DAGUIO

JANE HIGA

PAULA KAAKIMAKA

BARBARA-JEAN (POHAI) KEKAHUNA

SANDY LAI

JAVE MOCK-CHEW

MERLINDA GARRETSON

YING GUO

JINRU LI

CHARLYN MOORE

MARY MORAN

RYNA OTA

ADA PAN

CAROLYNN PHAM

JEANGREY TABANAO

KARISSA SANO

SONYA TANAKA

GOODY TORGENSEN

EMMY VILLA